

thoughts on wine

Red with meat - white with fish?

Sure the old rules are good, but what if you don't drink red? Or eat fish? All you need to do is to follow these basic rules:

Drink what you like.

You're the one who has to choke down that big Shiraz with smoked tuna. Who are we to tell you it's a bad combination?

Having a lighter dish? Try a lighter wine.

Likewise, a richer dish is usually better with a richer wine ~ a light wine might get overwhelmed.

Match the colour of the wine to the colour of the dish

This is a bit simplistic but in general...red meat with red wine, white meat or white fish with white wine. Chicken with cream sauce or lemon...probably best with white wine but chicken with mushrooms or red wine sauce will go nicely with a light to medium red. Use your imagination.

If the dish has a lot of acidity (i.e. vinegar or lemon) choose a wine that has acidity as well.

This is when you should angle for the lighter Chianti or Sauvignon Blanc. Too much acidity in the food can make the Shiraz taste nasty.

Big tannic (dry and chewy) reds love red meat.

Protein and fat help to break down the tannin. Tannin helps to break down fat. Perfect!

Tannin and salt is a bad combo.

Salty food can often be best with a slightly sweet wine or one low in tannin. Try a Riesling, perhaps a Beaujolais or Pinot Noir.

Try new wines!!!

You don't eat the same food every day – don't drink the same wine. Try a new style, variety or region. A bottle only has 750ml... it won't kill you if you don't love it.

Stephen Wilson

Sommelier ~ International Sommelier Guild

Drink and eat to live ~ live to eat and drink.

glo

something bubbly

bubbles

Segura Viudas Cava Brut Reserva, Spain
bottle \$31 glass \$7

Domaine St. Michelle Brut, Washington
bottle \$40

Mumm's Cordon Rouge Brut, France
1/2 bottle (375 ml) \$60

Domaine Chandon Blanc de Noirs, California, USA

Blanc de Noirs means literally "white from black". In this case, it is a white sparkling wine made from two red grapes, Pinot Noir and Pinot Meunier. By keeping the juice and skins separate, the result is a white wine.

bottle \$60

Champagne de Venoge Vin du Paradis Cuvée Dry, France

How confusing is this? Brut is dry but dry, or 'sec' as the French call it, is sweeter. Many people actually find Brut Champagne too dry...have secs today!

bottle \$90

Veuve Clicquot Ponsardin Brut, France

Even more confusing? All Champagne is sparkling wine but not all sparkling wine is Champagne. The term Champagne refers to the wines from the Champagne region in France. These wines are the most famous and expensive sparkling wines in the world. The Champagne Method is the process of adding a mixture of yeast, sugar and wine to a bottle of still wine. Once the bottle is sealed, a secondary fermentation occurs. One of the byproducts of fermentation is CO₂. As the CO₂ is formed, it is dissolved into the wine - special heavy bottles must be used to withstand the 6 atmospheres of pressure in the bottle. Once the process is completed, opening a bottle of Champagne allows the CO₂ to escape...bubbles!

bottle \$110

glo

half bottles

Half bottles are a great way of expanding on the offerings by the glass ~ Enjoy a premium wine without having to get a full bottle.

They also can solve the problem encountered when two people order very different dishes but both would enjoy a special wine.

half bottles – white wines 375ml

Chateau Gaudrelle Vouvray Sec Tendre, France

Baked apples and honeycomb, mouthfilling with good acidity - great with seafood.

bottle \$25

Fouassier Pere & Fils Sancerre Les Romains, France

Floral scents with slate, citrus and a full, crisp finish.

bottle \$30

Jean-Marc Brocard Chablis 1er Cru Montmains, France

Lots of ripe soft fruits and citrus, spicy and juicy in the mouth and a long, lively finish.

bottle \$40

Qupe Bien Nacido Chardonnay 'Block 11', Santa Barbara California

Big toasty oak and dried fruit, concentrated fruit with almond.

bottle \$47

half bottles – red wines 375ml

Carmen Reserve Cabernet, Maipo Valley, Chile

Ripe blackberry and cassis, spice and chocolate.

bottle \$22

Bressy Masson Côtes-du-Rhône Rasteau, France (Organic)

Well put together with meat and spices, medium body and classy.

bottle \$30

Fonterutoli Chianti Classico, Italy

Very stylish and modern Chianti, berry and plum, meat and velvety tannins.

bottle \$41

Au Bon Climat Pinot Noir 'La Bauge', Santa Barbara California

Rich and complex, wild dark fruit, earth and sour cherries.

bottle \$52

Tommasi Amarone delle Valpolicella, Italy

Intense smoky, tobacco with sour cherries, chocolate and liquorice. Best with red meat.

bottle \$57

glo

by the glass ...
at a glance

house wines

**Calona 'Artist Series' B.C.
Chardonnay or Merlot \$6**

white wines

Wild Horse Canyon Sauv Blanc, W.C.A. \$6¾

Simonsig Chenin Blanc, South Africa \$7

Santa Rita Reserva Sauv Blanc, Chile \$7¼

Gehringer Brothers Pinot Gris, B.C. \$8

Mezzacorona Pinot Grigio, Italy \$8¼

Mission Hill Pinot Blanc, B.C. \$8½

Kettle Valley Chardonnay, B.C. \$9

Joie 'A Noble Blend', B.C. \$10

red wines

Wild Horse Canyon Shiraz, W.C.A. \$6¾

Oxford Landing Cab/Shiraz, Australia \$7¼

Antinori Santa Cristina, Italy \$7½

P. Lehmann 'Weighbridge' Shiraz, Aus \$8¼

**Kettle Valley Brakeman's Select
(Pinot Noir/Merlot), B.C. \$8½**

Columbia Crest Merlot, Washington \$8¾

Red Truck Cabernet Sauvignon, California \$9

Tinhorn Creek Merlot, B.C. \$9

glo

red bottles

house red wine

Calona 'Artist Series' Merlot, B.C.

bottle \$26 ½ litre \$18 glass \$6

big and chewy

Peter Lehmann 'Weighbridge' Shiraz, Australia

Spicy and jammy with a touch of pepper.

bottle \$36 ½ litre \$25 glass \$8¼

Fat Bastard Shiraz, France

Wild blackberry, spices, tobacco, liquorice and meaty notes.

bottle \$38

Red Truck Cabernet Sauvignon, USA

Dark gamey fruit, smoky dark cherry and cocoa; very soft finish.

bottle \$39 ½ litre \$28 glass \$9

Errazuriz Cabernet Sauvignon 'Max Reserva', Aconcagua, Chile

Blackcurrant, dark cherry, cola, spices and a touch of leather and tobacco — medium to full body and well made.

bottle \$41

Michael David Seven Deadly Zins, Lodi, California

Big and full-on with smooth, creamy oak and a touch of mocha — lust perhaps?

bottle \$51

Clos de Los Siete, Argentina

A blend of Malbec, Syrah, Merlot and Cab by famed Michel Rolland — powerful and rich with supple fruit wrapped softly in a velvety oak blanket; smooth tannins.

bottle \$52

Penfolds Bin 389 Cabernet / Shiraz, Australia

Big, dark and rich...terrific.

bottle \$63

Fairview Cellars 'Bears Meritage', Oliver, B.C.

Big currant, cedar and pepper dominate this powerful red from one of the Southern Okanagan's smaller producers.

bottle \$65

What is a Meritage? It is a term developed to refer to a wine, white or red, that is made from a blend of traditional Bordeaux varieties. For reds these are Cabernet Sauvignon, Merlot, Cabernet Franc, Malbec and Petit Verdot. This version is Merlot with both Cabernet Sauvignon and Cabernet Franc.

Laughing Stock 'Portfolio' (Meritage), BC

Great new boutique BC winery producing a stunning Bordeaux inspired wine. Currant, cedar and dark plum with firm tannins and a long finish. Have with a steak.

bottle \$68

glo

red bottles

lighter ~ elegant

Antinori Santa Cristina (Sangiovese), Italy

Bright cherry and berry fruit with a bit of plum...juicy. A fresh alternative to Chianti.

bottle \$32 ½ litre \$23 glass \$7½

Kettle Valley Brakemans Select (Pinot Noir/Merlot), Naramata, B.C.

A blend of Pinot Noir and Merlot, this wine is velvet in the mouth with cherry, liquorice and savoury spices. Enjoy with salmon or beef.

bottle \$37 ½ litre \$26 glass \$8½

Pentage Winery Pinot Noir, BC

Fresh fruit with a bit of that mushroom and earthiness you want...very good B.C. Pinot Noir.

bottle \$44

Marques de Riscal Rioja Reserva, Spain

Elegant and refined with cherry and tobacco with a smooth and balanced body — the antithesis of New World fruit bombs.

bottle \$56

Saintsbury Pinot Noir Carneros, California

Soft, round and ripe with flavours of barnyard, strawberry and vanilla. Very soft mouthfeel with a hint of spice, leather and liquorice; soft tannins.

bottle \$62

medium-bodied

Wild Horse Canyon Shiraz, W.C.A.

Pepper jam with earthy tones.

bottle \$29 ½ litre \$20 glass \$6¾

Oxford Landing Cabernet/Shiraz, Australia

Red plums and blackberries with a bit of peppery spice and fragrant wood.

bottle \$31 ½ litre \$22 glass \$7¼

Perrin Côtes-du-Rhône Reserve, France

An excellent, somewhat rustic red...pepper, leather, dark red fruits and just a touch of barnyard.

bottle \$37

Columbia Crest Cabernet Sauvignon, USA

Bright fruit - cherry and plums with mocha.

bottle \$38 ½ litre \$27 glass \$8¾

Tinhorn Creek Merlot, B.C.

Round and fruity with dark cherry and chocolate.

bottle \$39 ½ litre \$28 glass \$9

Kettle Valley Merlot, Naramata, B.C.

Ripe and dark fruits with tobacco and chocolate...very round and lush.

bottle \$47

Rodney Strong Cabernet Sauvignon, Sonoma, California

Rich and full bodied with layers of dark berry and spice flavours balanced with supple tannins and a long velvety finish.

bottle \$48

Antinori 'Peppoli' Chianti Classico, Italy

Rich in aromas of mature fruit. On the palate the wine is well-balanced with good structure, balanced acidity and medium tannins.

bottle \$54

glo

red bottles

reserve selections

Limited quantities of these fine wines...for that special occasion or to impress your boss.

2002 Poplar Grove Reserve Cab Franc/Merlot

Unfined and unfiltered, this wine has excellent structure and tannin integration with flavours of chocolate, coffee and spiced dark fruits. One of the Okanagan's most prestigious labels.

bottle \$70

2003 Bolla Amarone della Valpolicella, Italy

Amarone is a special wine whose unique qualities truly begin just after harvest. The grapes are dried on mats for a period of a few months, allowing the grapes to dehydrate, thus concentrating the sugars. The result is a richer, more full bodied wine that often is described as being a bit bitter (amar = bitter).

bottle \$85

2000 Aurelio Settimo Barolo 'Rocche', Italy

Quintessential Barolo — dried fruits and flowers, a touch of earth and leather, mouth filling and surprisingly easy on the palate.

bottle \$105

2001 Dom. Font de Michelle Chateauf du Pape Cuvee Etienne Gonnet, France

Extremely impressive with ripe fruit, smoke, leather, exotic spices, gorgeous in the mouth, finishes long and smooth.

There are 13 permitted grape varieties in CNDP although very few producers actually grow all 13. Grenache, Mourvedre and Syrah are 3 of the better known varieties with Grenache dominating plantings in the area. Many vineyards in CNDP are covered in large pebbles. While providing stunning visuals, they also provide radiant nighttime heat to the vineyard to allow for more rapid ripening of the grapes.

bottle \$135

2003 Joseph Phelps Cabernet Sauvignon, Napa Valley, California

Rich Napa Cab with cassis, currant, eucalyptus and mint with a smooth chocolaty finish.

bottle \$135

2004 Antinori Tignanello IGT, Tuscany, Italy

Tignanello - perhaps the original 'Supertuscan'. But what is a Supertuscan? The term really refers to any 'superior' wine from Tuscany that does not fit into one of the other categories such as Chianti or Brunello.

The wines can be made from almost any grape variety imaginable although the short list of preferred grapes would include Sangiovese, Cabernet Sauvignon, Merlot and Syrah. Tignanello is mostly Sangiovese with about 20% Cabernet Sauvignon and Cabernet Franc.

bottle \$150

2004 Darioush Cabernet 'Signature Series', Napa Valley, California

A beauty...huge amazing body with black fruits, smooth, creamy vanilla and chocolate, pepper and a big mouthfilling finish.

bottle \$170

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VIEW • EUROPUB • GRILL

white bottles

house white wine

Calona 'Artist Series' Chardonnay, B.C.

bottle \$26 ½ litre \$18 glass \$6

medium-bodied

Santa Rita Reserva Sauvignon Blanc, Chile

Mild citrus with earthy elements.

bottle \$31 ½ litre \$22 glass \$7¼

Gehringer Brothers Pinot Gris, B.C.

Mineral and citrus with crisp acidity.

bottle \$35 ½ litre \$24 glass \$8

Mission Hill Pinot Blanc, B.C.

Soft, dry and fruity...crowd pleaser.

bottle \$37 ½ litre \$26 glass \$8½

King Estate Pinot Gris, Oregon

Bright nectarine and guava, medium body with good round mouthfeel and a long, soft finish.

bottle \$49

Sonoma Cutrer Chardonnay Russian River Ranches, Carneros, California

Nice balance of ripe fruit, a touch of buttery oak and crisp citrus.

bottle \$67

fruity, aromatic and refreshing

Mondavi White Zinfandel, California

Bubblegum in a glass - patio sipper.

bottle \$26

Grey Monk Pinot Auxerrois, BC

Spicy tropical fruit with a hint of ginger...off-dry with a crisp finish.

bottle \$32

Simonsig Chenin Blanc, South Africa

Rich golden colour with heady perfume of honey and pears...just a touch sweet.

bottle \$30 ½ litre \$21 glass \$7

Balthasar Röss Qba Riesling, Rheingau, Germany

Classic German Riesling...sweet fruit with excellent balance and a long finish.

bottle \$35

Joie 'A Noble Blend', Naramata, BC

Floral and citrus notes with grapefruit and a touch of apricot. Well balanced with a long and just off-dry finish.

Third release of this now cult wine...aromatic, dry gewurztraminer based blend. A phenomenal food wine, especially with pork, curry and Asian inspired dishes.

bottle \$44 ½ litre \$30 glass \$10

glo

white bottles

rich and full

Kettle Valley Chardonnay, Naramata, B.C.

Full-bodied and creamy with vanilla scents and great balance - superb!

bottle \$39 ½ litre \$28 glass \$9

Yalumba 'Y Series Viognier, Australia

Rich, fat fruit with honey and spicy ginger.

bottle \$40

Bonterra Chardonnay, California (Organic)

Creamy oak notes with vanilla and nuts, medium body and smooth.

bottle \$40

Benziger Chardonnay, Carneros, California

Full-bodied and supple with creamy vanilla, apple and buttery toast.

bottle \$55

Cakebread Cellars Chardonnay, Napa Valley, California

Very impressive wine with great balance between apple and citrus and ripe, round Chardonnay loveliness. The oak is present but is not dominant.

bottle \$100

dry and crisp

Wild Horse Canyon Sauvignon Blanc, W.C.A.

Tangy and vibrant, one glass makes you want two!

bottle \$29 ½ litre \$20 glass \$6¾

Mezzacorona Pinot Grigio, Italy

Peach and apple, crisp and easy drinking...head for the patio.

bottle \$36 ½ litre \$25 glass \$8¼

Twin Islands Sauvignon Blanc, New Zealand

Grassy and herbaceous notes with a touch of grapefruit. Intense flavour and a long, refreshing finish.

bottle \$41

M. Laroche Chablis, France

Minerality, crisp body...textbook Chablis.

bottle \$55

glo

something sweet

sherry

All glasses are 2 oz pours

Tio Pepe Fino
glass \$5

Gonzales Byass Nutty Solera
glass \$5

Harvey's Bristol Cream
glass \$5

madeira

All glasses are 2 oz pours

Casa dos Vinhos Superior Rich Malmsey
glass \$6

port

All glasses are 2 oz pours, unless noted otherwise

Graham's 6 Grape Vintage Character
glass \$6

Graham's 10 year old Tawny
glass \$8

Smith Woodhouse Late Bottled Vintage
glass \$7

dessert wines

All glasses are 2 oz pours, unless noted otherwise

Quady Essensia Orange Muscat, California
glass \$6

Mission Hill Late Harvest Vidal
glass \$8½

Willow Hill Vineyards Merlot Icewine, B.C.
glass (50ml) \$15

glo